## All equipment listed in the required sections will be part of daily inspections. REQUIRED UNIFORM ITEMS, labeled with last name, first initial and CAPID number:

Blues (1 set)	~	BDUs (2 sets – minimum)	
2 Summer Blue shirt (1 complete)		2 BDU shirt with all required patches and tapes	
1 Summer Blue slacks		2 BDU pants	
(slacks only, NO skirts)		1 BDU cover, USAF style	
		1 BDU belt, USAF blue w/ black buckle &	
1 Flight Cap		tip	
1 USAF blue belt w/chrome buckle and tip		1 pr Uniform boots WELL BROKEN IN	
2 white tee shirts (v-neck)		1 set Blousing Bands (for BDU pants)	
1 pr uniform shoes (black low quarters)		7-9 Tee Shirt, black, no printing	
3 pr dress socks, black		9 pr Boot Socks	
2 Grade Insignia w/ backing		9 pr Liner Socks (black dress socks or	
1 CAP cut-out w/ backing		women's knee-high hose may substitute –	
1 Hat device (for flight cap) w/ backing		NOT OPTIONAL)	
1 Name Plate w/ backing		Canteens OR Hydration pack	
1 Ribbon holder w/backing		(Camelback).	
1 set of awarded ribbons (complete)			
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Note: New shoes and boots are not recommended. They should be WELL BROKEN IN to prevent blisters. Gel insoles are HIGHLY recommended for boots!

## REQUIRED OTHER EQUIPMENT, Labeled with last name, first initial and CAPID number:

✓ Clothing	~	Barracks Items	
9 sets of underwear		1 Flashlight, with extra batteries (small)	
1 pr, gym shoes		3 Bath Towels	
5 pr, gym shorts, dark blue or black (see note 1)		3 Wash Cloths	
5 tee shirts, grey (for PT) (NO tank tops)		1 pr, Shower shoes	
7-9 pr, athletic socks, white		Coat hangars, one per hanging item	
1 rain poncho		1 Toothbrush	
1 swim suit, modest, single piece (see note 2)		1 Toothpaste	
1 set, civilian attire (for travel home)		1 Comb and/or hairbrush	
1 pr, OLD gym shoes or boots (could be ruined)		1 Shampoo, small bottle	
Accessories		1 Deodorant	
1 Spiral Notebook		1 Soap, in waterproof container	
1 12" Ruler		1 Shaving kit	
3 Pens			
3 Pencils		Medical	
1 Shoe shine kit (polish, brush, rag)		9 day supply of all medications	
Additional Items  1 set Gel Insoles (optional but recommended)  1 Camera, disposable		Cough drops or lozenges, large bag	
		6-8 packets of Emergen-C (Wal-Mart)	
		1 Insect repellant, must include DEET	
1 set, Leather work gloves		1 Sunscreen, high SPF rating	

1 compass (similar to Silva Explorer 3 - DO NOT BRING Lensatic compass)	1 Foot powder (recommended)
24-hour Pack for ES Training (optional)	
Extra money (\$10, for uniform item	Feminine Hygiene products as
replacement and other needs)	appropriate

\*\*All contraband items will be sent home or confiscated at check-in if found and will be returned upon check-out. Civil Air Patrol and Virginia Wing will not be responsible for any lost contraband during the tenure of Encampment. It is up to the Cadet and the Cadets family to minimize bringing VALUABLE items. \*\*

×	Contraband Items	×	
	Electronic devices or any kind		Non-religious reading material
	(except flashlight or electric razor)		Any illegal substance
	Any time-keeping device (watch or alarm		
	clock)		All knives, lighters, or matches
	Playing Cards		Any food or drink

All medical supplies are to be <u>brought in the original container</u> with the cadet's <u>FULL NAME last name, first name and CAPID</u> written on the container. This will expedite check-in.

~	Additional Medical Supplies			
	Tums or Antacid of choice		1 pkg Moleskin padding (NOT FOAM)	
	1 pkg. Blister Guard		All prescription medications with directions (except inhalers	
	Tylenol or Advil, 25-30 tabs		and ana-kits)	

**Note 1** – Must be able to extend their fingers along the outside leg seam and have fabric left between the fingers and knees.

**Note 2** – Females must have single piece suits, males may not have *Speedo* style suits, suits must be in good taste and repair.

Note 3- Asthma inhalers and/or bee sting ana-kits are to be kept in the left cargo pocket at all times.

Note 4 – YOU MUST HAVE A VALID CURRENT CAP MEMBERSHIP CARD TO PARTICIPATE IN THE ENCAMPMENT. The CAP Membership Card must be kept on you at ALL TIMES.